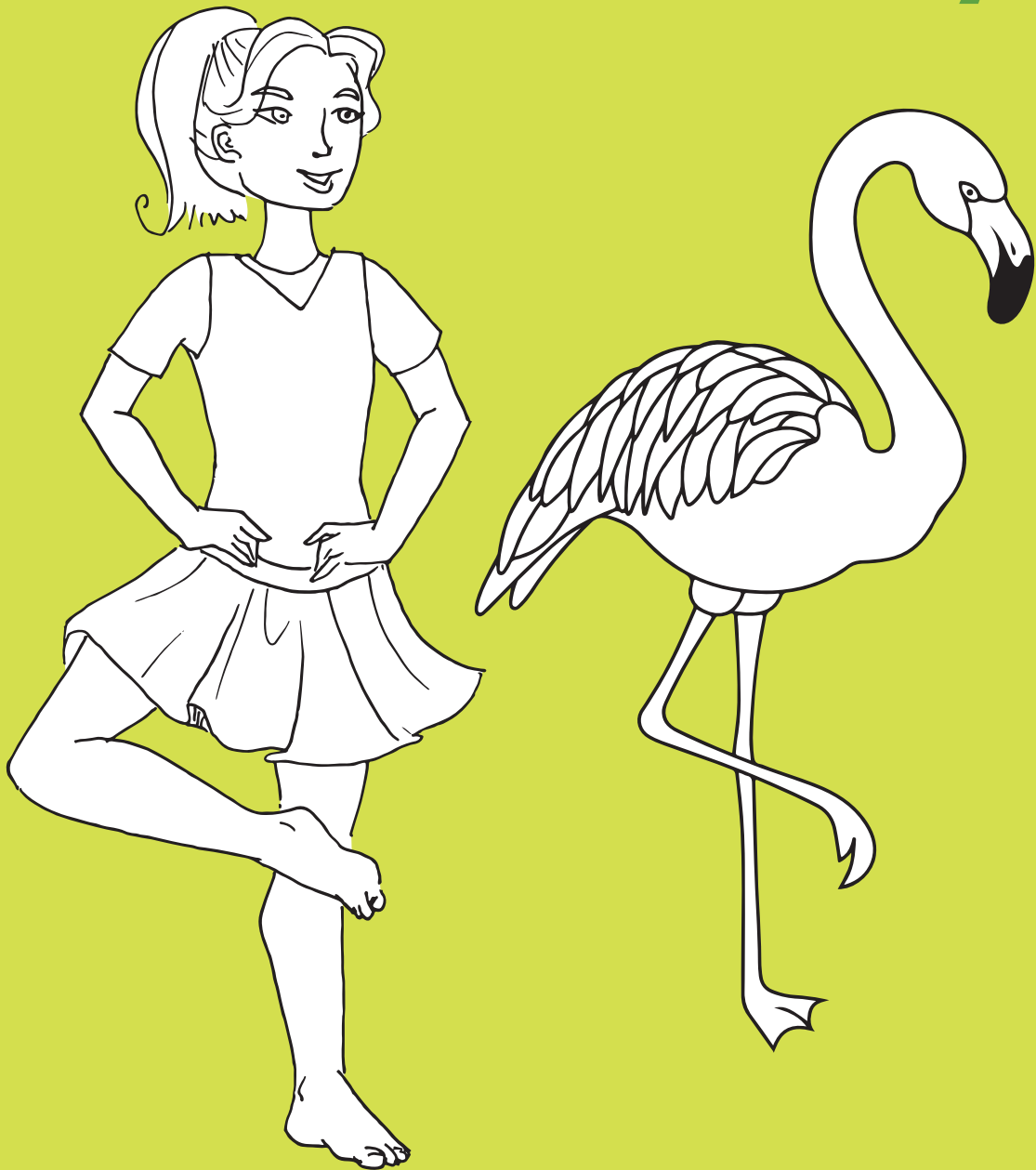


Auckland Zoo Education Pack

Secondary



Theme: Staying Healthy

Zoo Lesson plan

Theme: Secondary (ages 12-17) STAYING HEALTHY

What will I learn: How animals at Auckland Zoo stay healthy and how you can too!

Inspire

Check out this [Animals with Animal Experience](#) to see how our Animal Experiences team get some of our animals moving.

Watch our elephants Anjalee and Burma play and have a swim in their habitat: [Anjalee and Burma](#).

Watch how the veterinarians at the Zoo make sure the animals are staying healthy [Animal Hospital Stories](#).

Just for fun, check out our [staff cams](#) to see how some more of our animals move!

Explore

Go on a walking safari in your neighbourhood and complete a [5-minute bird survey](#). Follow the link for all of the instructions. Feel free to take lots of pictures.

Explore how your immune system works – [TED ed talk](#). Note down any ideas you have about how to keep your immune system working well.

Act

Make a pledge to be active in some way every day with both physical and mental exercises. Draw up a movement plan for you and your family to get involved with at home. Use all the animal moves you have discovered here as inspiration.

Create

Create a bar graph using the [Car Bar Graph](#) resource (resource attached).

Choreograph a dance to an animal themed song for all your family and friends to follow along with and get moving. Share these dance videos with us as we would love to see them. [#CreateWithAucklandZoo](#)

Can you run as fast as a cheetah? Use the [How Fast Can You Sprint?](#) resource to explore this idea further. Create a graph to show your sprint progress.

Reflect

Try [Animal Yoga with Patrick](#). Reflect on how different animals move. Use this as inspiration to add some yoga moves of your own.

Watch [Mindful Moment with Cathryn – Vitamin N](#) and try this at the end of each day to have a mindful moment.

Curriculum links:

Lessons include a range of aspects from the main strands of the NZ Curriculum English, the arts, health and physical education, learning languages, mathematics and statistics, science, social science and technology.

They also consider the Key Competencies Thinking, Using language, symbols and text, Managing self, Relating to others, Participating and communicating.

Auckland Zoo
Wildlife conservation science at work

Car bar graph

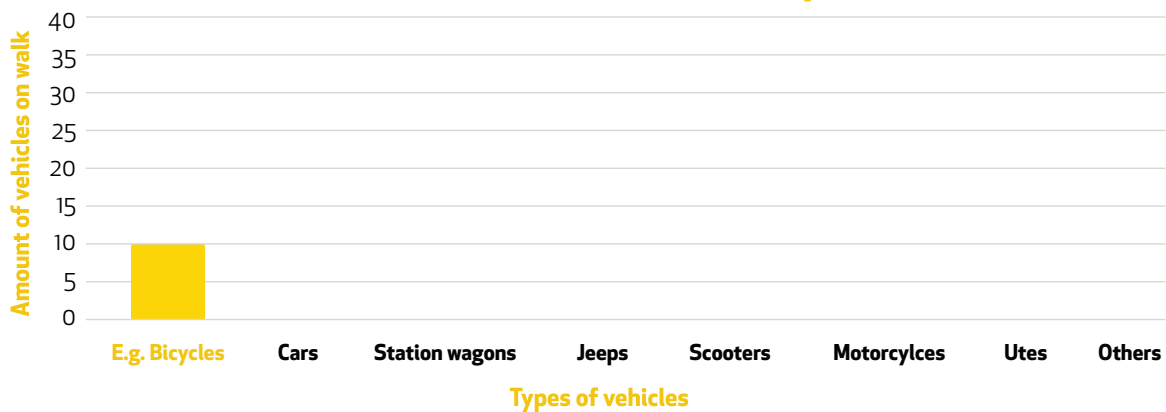
During your exercise or walk, record how many **cars, utes, station wagons, jeeps, scooters and motorcycles** you see. You could also create a pictogram using symbols like the ones below if you would like.

Which type of transportation do you think will be the most popular in your neighbourhood? Why?



Type of transportation	Amount of vehicles
E.g. Bicycles	10
Cars	
Station wagons	
Jeeps	
Scooters	
Motorcycles	
Utes	
Others	

Amount of vehicles seen on daily walk



Questions

- What was the most popular type of transportation in your neighbourhood?
- Did this match your first hypothesis or guess?
- What other types of transportation did you see that were in the "others" section?